



# HLTFA211A Provide Basic Emergency Life Support

## Course Objective

This unit of competency describes the skills and knowledge required to recognise and respond to life threatening emergencies using basic life support measures only.

## Course Content

Topics include: assessment and safety, external bleeding, chest pain, respiratory emergencies, shock and severe allergic reaction, cross infection, management of the unresponsive victim, cardiopulmonary resuscitation (CPR), basic orientation to first aid in the workplace.

## Selection Criteria

The principles of Access & equity will be applied in the selection of students and in the delivery of the training and assessment services.

However, participants must have basic English-speaking skills and reading skills which will be evaluated during the enrolment process. They must also have the strength and agility to manage CPR and other emergency situations.

## Assessment

All assessment will be based on the principles of competency-based training and assessment. You will participate in both theory and practical sessions, which will be followed by a skills assessment using bandages, manikins and certain other items to perform first aid techniques.

## Additional Support

Where students require additional welfare or counseling support they will be referred to appropriate professional agencies.

## Recognition of Prior Learning

If you hold a current first aid award to equivalent standards you may be exempted from this course.

## National Recognition

DAN AP recognises relevant AQF qualifications and Statements of Attainment issued by other Registered Training Organisations (RTOs).

## Course Delivery

The nominal duration of the course is six hours and it may be delivered in a single block or a several shorter blocks.

The delivery and assessment methods used will be tailored to the specific training environment and the needs of the client group.

## Enrolment

To enroll, contact a DAN AP Licensed Instructor in your locality, who will provide you with details of the venue, date and fees for the course. The nominal fee is \$130 but this may vary due to enrolments, location and a variety of other factors.

## Refund Policy

Any deposit may be refunded if you fail to attend the program if: 1. You provide a medical certificate providing a reason for non-attendance; or 2. You provide an explanation, deemed reasonable by your Instructor or the DAN AP Training Manager, for the non-attendance at the program. Any approved refund will be made within 3 weeks of application.

## Complaints and Appeals

In the event of a grievance with your Instructor, please contact the DAN AP Training Manager on [training@danasiapacific.org](mailto:training@danasiapacific.org) or Tel: +61-3-9886 9166; Fax: +61-3-9886 9155.

# ELEMENTS OF COMPETENCY & PERFORMANCE CRITERIA

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in italics are elaborated in the Range Statement.

## Respond in an emergency situation

- 1.1 Recognise emergency situation and identify *hazards* to health and safety of self and others
- 1.2 Minimise immediate risk to health and safety of self, casualty and others by controlling any hazard in accordance with work health and safety requirements
- 1.3 Assess casualty and identify injuries, illnesses and conditions
- 1.4 Assess the need for assistance

## Apply identified first aid procedures

- 2.1 Reassure casualty in a caring and calm manner and make comfortable using available resources
- 2.2 Determine and explain relevant first aid procedures to provide comfort
- 2.3 Seek consent from casualty prior to applying first aid management
- 2.4 Respond to the casualty in a culturally aware, sensitive and respectful manner
- 2.5 Use *identified first aid procedures* as required in accordance with established first aid principles, ARC Guidelines, guidelines of Australian national peak clinical bodies and State/Territory legislation and regulations
- 2.6 Use safe manual handling techniques as required

## Communicate details of the incident

- 3.1 Request ambulance support and/or appropriate medical assistance according to relevant circumstances
- 3.2 Accurately convey assessment of casualty's condition and first aid procedures undertaken to emergency services/relieving personnel
- 3.3 Adopt a communication style to match the casualty's level of consciousness
- 3.4 Accurately assess and report details of casualty's physical condition, changes in condition, management in line with established procedures
- 3.5 Maintain confidentiality of records and information in line with privacy principles and statutory and/or organisation policies

## Evaluate own performance

- 4.1 Seek feedback from *appropriate clinical expert*
- 4.2 Recognise the possible psychological impacts on rescuers of involvement in critical incidents
- 4.3 Participate in debriefing/evaluation as appropriate to improve future response and address individual needs