



21592VIC Course in First Aid Level 1 - Emergency Life Support

Course Objective

This introductory program is designed to develop the knowledge and skills required to provide basic life support measures in an emergency. It is relevant for the workplace, home or elsewhere.

Course Content

Topics include: assessment and safety, external bleeding, management of the unresponsive victim, cardiopulmonary resuscitation (CPR), shock, cross infection, basic orientation to first aid in the workplace, first aid kits and moving of injured persons.

Selection Criteria

The principles of Access & equity will be applied in the selection of students and in the delivery of the training and assessment services. It is recommended that participants have literacy and numeracy competencies equivalent to National Reporting System (NRS) Level 2. They must also have the strength and agility to manage CPR and other emergency situations.

Assessment

All assessment will be based on the principles of competency-based training and assessment. You will participate in both theory and practical sessions, which will be followed by a skills assessment.

Additional Support

Where students require additional welfare or counseling support they will be referred to appropriate professional agencies.

Recognition of Prior Learning

If you hold a current first aid award to equivalent standards you may be exempted from this course.

Mutual Recognition

DAN AP recognises AQF qualifications issued by other registered training organisations.

Course Delivery

The nominal duration of the course is eight hours and it may be delivered in a single block or a several shorter blocks.

The delivery and assessment methods used will be tailored to the specific training environment and the needs of the client group. However, there can be no changes to the units, elements, performance criteria or critical aspects of evidence.

Enrolment

To enroll, contact a DAN AP Licensed Instructor in your locality, who will provide you with details of the venue, date and fees for the course.

Refund Policy

Any deposit may be refunded if you fail to attend the program if: 1. You provide a medical certificate providing a reason for non-attendance; or 2. You provide an explanation, deemed reasonable by your Instructor or the DAN AP Training Manager, for the non-attendance at the program.

Grievance policy

In the event of a grievance with your Instructor, please contact the DAN AP Training Manager on training@danasiapacific.org or Tel: +61-3-9886 9166; Fax: +61-3-9886 9155.



Course in First Aid Level 1 – Emergency Life Support (21592VIC)

Course Contents and Requirements

This introductory program covers some basic procedures that should enable you to assist an injured or ill person in the workplace or elsewhere, until medical aid is accessed. Practical skills and knowledge will be assessed during the course. There is no theory test.

The list below indicates the knowledge and skills in which you will need to demonstrate competency before receiving certification.

Assess the situation

- *Physical hazards* are identified and minimised according to *first aid requirements* and established procedures
- *Risks* to first aider and others are assessed
- Appropriate response is determined to ensure prompt control of situation

Apply Rescue Breathing (RB) / CPR

- *Victim's vital signs* and *physical condition* are assessed in accordance with *established first aid procedures*
- Unconscious non-breathing victim is recognised
- *Resources and equipment* are identified and accessed
- Appropriate RB/CPR first aid techniques are applied as per Australian Resuscitation Guidelines
- Need for emergency services/medical assistance and management priorities are established and acted upon

Apply basic emergency life support first aid techniques

- *Situation is assessed*
- *First aid management* is provided in accordance with established first aid procedures
- Victim is reassured in a caring and calm manner and made comfortable using available resources
- First aid assistance is sought from others in a timely manner and as appropriate
- *Vital signs* of victims(s) condition are identified and an appropriate intervention strategy is determined
- Victim management is performed according to victim's needs and First Aid principles
- *Victim's condition* is monitored and responded to in accordance with *established first aid procedures* and workplace procedures
- Details of victim's physical condition, changes in conditions, management and response to management are accurately recorded in line with organizational procedures

Communicate details of the incident

- Appropriate emergency assistance is requested using appropriate *communication media and equipment*
- Details of victim's condition and management activities are accurately conveyed to emergency services/relieving personnel
- Documentation is completed in a timely manner, presenting all relevant facts according to established organisational procedures