

HLTCPR201A – Perform CPR

Objective

This unit of competency describes the skills and knowledge required to perform Cardiopulmonary Resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines.

Content

You will be trained in the recognition and management of the unresponsive victim, expired air resuscitation with and without a resuscitation mask, and cardiopulmonary resuscitation with both one and two rescuers. You will learn these techniques for both adult and child victims. You will also learn standard precautions to minimise the risks of infection.

Selection Criteria

The principles of Access & equity will be applied in the selection of students and in the delivery of the training and assessment services.

However, participants must have basic English-speaking skills and reading skills unless training materials are provided in the appropriate non-English language. They must also have the strength and agility to manage CPR and other emergency situations.

Assessment

All assessment will be based on the principles of competency-based training and assessment. You will participate in both theory and practical sessions, which will be followed by a skills assessment.

Additional Support

Where students require additional welfare or counseling support they will be referred to appropriate professional agencies.

Recognition of Prior Learning

If you hold a current resuscitation award to equivalent standards you may be exempted from this unit. If you have been trained in resuscitation previously but do not hold a current award, your competency can be assessed during the course and you may be exempted from this course.

National Recognition

DAN AP recognises relevant AQF qualifications and Statements of Attainment issued by other Registered Training Organisations (RTOs).

Delivery

The nominal duration of the course is three hours and it may be delivered in a single block or a several shorter blocks. The delivery and assessment methods used will be tailored to the specific training environment and the needs of the client group. However, there can be no changes to the units, elements, performance criteria or critical aspects of evidence.

Enrolment

To enroll, contact a DAN AP Licensed Instructor in your locality, who will provide you with details of the venue, date and fees for the course.

Refund Policy

Any deposit may be refunded if you fail to attend the program if: 1. You provide a medical certificate providing a reason for non-attendance; or 2. You provide an explanation, deemed reasonable by your Instructor or the DAN AP Training Manager, for the non-attendance at the program.

Grievance policy

In the event of a grievance with your Instructor, please contact the DAN AP Training Manager on training@danasiapacific.org or Tel: +61-3-9886 9166; Fax: +61-3-9886 9155.

ELEMENTS OF COMPETENCY & PERFORMANCE CRITERIA

Elements define the essential outcomes of a unit of competency. The Performance Criteria specify the level of performance outcomes of a unit of competency required to demonstrate achievement of the Element. Terms in italics are elaborated in the Range Statement.

Respond to signs of an emergency

- 1.1 Identify *hazards* to health and safety of self unconscious casualty and others
- 1.2 Minimise immediate risk to health and safety of self, casualty and others by isolating any hazard(s)
- 1.3 Approach the casualty in a calm, culturally aware, sensitive and respectful manner
- 1.4 Assess vital signs of casualty
- 1.5 Recognise the need for CPR

Perform CPR

- 2.1 Perform CPR in line with ARC Guidelines (or ILCOR if outside Australia)
- 2.2 Seek assistance from others and/or ambulance support as appropriate

Communicate details of the incident

- 3.1 Request ambulance support or appropriate the incident medical assistance and/or ambulance support using available means of communication
- 3.2 Accurately convey details of casualty's condition and CPR procedures performed to emergency services/relieving personnel

- 3.3 Calmly provide information to reassure casualty, adopting a communication style to match the casualty's level of consciousness
- 3.4 Provide reports, where applicable, in a timely manner, presenting all relevant facts relating to performing CPR according to established procedures